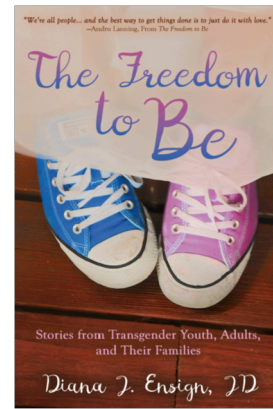


Diana J. Ensign
www.dianaensign.com
Email: dianajensign@gmail.com
Phone: (317) 517-2664



HOLD FOR RELEASE Until March 1
Transgender Day of Visibility is March 31

Diana J. Ensign's "THE FREEDOM TO BE" brings visibility to transgender youth, adults, and their families

Author's new book, THE FREEDOM TO BE: Stories from Transgender Youth, Adults, and Their Families, offers timely insights for Transgender Day of Visibility

INDIANAPOLIS, IN, 2020 — Award-winning author, Diana J. Ensign, practices the art of listening from the heart to people who teach us how to love and care for one another on this human journey. In this collection, she shares stories from transgender individuals and family members who voice their hopes and dreams for a better world.

With these candid and insightful narratives, we learn what is needed to become better parents, teachers, doctors, neighbors, friends, and allies to transgender individuals in our communities. Included are *Practical Action Steps for Allies*, written in conversation with Kit Malone of the Indiana ACLU, to aid everyone in collectively engaging in meaningful, affirming actions.

This book reminds us of the importance of creating communities where *all* families are valued and where friendliness and kindness extend to each member of our population. Through greater understanding, we build bridges of compassion that guide us toward a more loving world.

Together, we can stop the violence, end the hatred, support our youth, advocate for equality, and stand for freedom.

The Freedom to Be is available from the author's website www.dianaensign.com, Amazon, Kindle, Barnes & Noble. A portion of book sales will go to [Trinity Haven](#).

This project is made possible by support of the Indiana Arts Commission, a state agency.



#TransVisibility #TDOV

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